

CHILD AND LIFESPAN DEVELOPMENT

Course Description: *Child and Lifespan Development* prepares students to understand the physical, social, emotional and intellectual growth and development throughout the lifespan. Experiences such as laboratory observations, job shadowing, service learning and laboratory participation will enhance the learning process. Instructional content includes child development theories and research; prenatal development; infants and toddlers; preschool years; middle childhood; adolescence; adulthood; geriatrics; death and dying; careers; and leadership, citizenship and teamwork.

Family, Career and Community Leaders of America (FCCLA), the co-curricular student organization, provides students with opportunities for leadership development, personal growth, and school/community involvement.

Recommended Pre-Requisite(s): Family & Consumer Sciences (FACS) or Personal, Academic, and Career Excellence (PACE)

Recommended Credit(s): $\frac{1}{2}$ to 1

Recommended Grade Level(s): 10-11-12

Note: Standards 1-8 = $\frac{1}{2}$ credit
Standards 1-10 = 1 credit

Note: Child and Lifespan Development may be offered for articulation or dual credit. Articulation or dual credit is contingent upon agreements between school systems and universities/colleges prior to courses being offered.

Child and Lifespan Development

Course Standards

- Standard 1.0** Demonstrate leadership, citizenship and teamwork skills required for success in the care and guidance of individuals throughout the lifespan.
- Standard 2.0** Appraise developmental theories and sources of information.
- Standard 3.0** Examine the major developmental milestones in the area of physical development during the prenatal period.
- Standard 4.0** Analyze optional growth and development during the infant and toddler stage.
- Standard 5.0** Analyze growth and development during preschool years.
- Standard 6.0** Analyze growth and development during middle childhood.
- Standard 7.0** Analyze growth and development during adolescence.
- Standard 8.0** Determine career options related to meeting individual's needs throughout the lifespan.
- Standard 9.0** Analyze development during adulthood.
- Standard 10.0** Evaluate theories and effects of death and dying on individuals and families.

Child and Life Span Development Course Standards and Expectations

Standard 1.0 Demonstrate leadership, citizenship and teamwork skills required for success in the care and guidance of individuals throughout the lifespan.

Expectations and Performance Indicators:

- 1.1 Plan and implement lifespan related projects and activities using the FCCLA planning process.
- 1.2 Apply and practice leadership, citizenship and teamwork skills by participating in co-curricular student organization activities.

Standard 2.0 Appraise developmental theories and sources of information.

Expectations and Performance Indicators:

- 2.1 Compare and contrast major developmental theories related to the lifespan.
- 2.2 Evaluate popular sources of information for validity.

Standard 3.0 Examine the major developmental milestones in the area of physical development during the prenatal period.

Expectations and Performance Indicators:

- 3.1 Analyze hereditary and environmental factors affecting prenatal development beginning with conception.
- 3.2 Analyze maternal and paternal health and environmental factors affecting conception and prenatal development.
- 3.3 Examine stages of prenatal development including conception, stages of labor, methods of delivery and postnatal care.
- 3.4 Examine medical care and nutritional needs prior to and during pregnancy for optimal prenatal development.
- 3.5 Analyze necessary components of a healthy, safe and stimulating environment for the prenatal period.

Standard 4.0 Analyze optimal growth and development during the infant and toddler stages.

Expectations and Performance Indicators:

- 4.1 Describe physical growth and development of a child from birth through the toddler stage.
- 4.2 Describe social and emotional growth and development of a child from birth through the toddler stage.
- 4.3 Describe components of intellectual growth and development of a child from birth through the toddler stage.
- 4.4 Analyze necessary components of a healthy, safe and stimulating environment during the infant and toddler stages.
- 4.5 Demonstrate nurturing activities, communication patterns and guidance techniques that promote optimum physical, social and emotional, and intellectual development during the infant and toddler stages.

Standard 5.0 Analyze growth and development during preschool years.**Expectations and Performance Indicators:**

- 5.1 Describe physical growth and development of a preschool child.
- 5.2 Describe social and emotional growth and development of a preschool child.
- 5.3 Describe intellectual growth and development of a preschool child.
- 5.4 Analyze necessary components of a healthy, safe and stimulating environment during preschool years.
- 5.5 Classify behaviors and characteristics of the preschool child with regard to the appropriate age and area of development.
- 5.6 Demonstrate activities and strategies for optimizing the development of the preschool child.

Standard 6.0 Analyze growth and development during middle childhood.**Expectations and Performance Indicators:**

- 6.1 Describe physical growth and development during middle childhood.
- 6.2 Describe social and emotional growth and development during middle childhood.
- 6.3 Describe intellectual growth and development during middle childhood.
- 6.4 Analyze necessary components of a healthy, safe, and stimulating environment during middle childhood.
- 6.5 Classify middle childhood behaviors and characteristics with regard to the appropriate age and area of development.
- 6.6 Demonstrate activities and strategies for optimizing the development during middle childhood.

Standard 7.0 Analyze growth and development during adolescence.**Expectations and Performance Indicators:**

- 7.1 Describe physical growth and development of adolescence.
- 7.2 Describe social and emotional growth and development of adolescence.
- 7.3 Describe intellectual growth and development of adolescence.
- 7.4 Analyze necessary components of a healthy, safe and stimulating environment during adolescence.

Standard 8.0 Determine career options related to meeting individual's needs throughout the lifespan.**Expectations and Performance Indicators:**

- 8.1 Identify employment and entrepreneurial opportunities and preparation requirements in all areas of the lifespan from prenatal services to geriatric services.
- 8.2 Analyze occupational and personal skills needed to work with individuals throughout the lifespan from the prenatal period to the geriatric period.

Standard 9.0 Analyze development during adulthood.**Expectations and Performance Indicators:**

- 9.1 Describe physical, social, emotional and intellectual development in early adulthood.
- 9.2 Describe physical, social, emotional and intellectual development in middle adulthood.
- 9.3 Describe physical, social, emotional and intellectual development in late adulthood.
- 9.4 Analyze necessary components of a healthy, safe and stimulating environment during adulthood.
- 9.5 Differentiate modifications necessary during the geriatric period of development.

Standard 10.0 Evaluate theories and effects of death and dying on individuals and families.**Expectations and Performance Indicators:**

- 10.1 Compare current theories on death and dying.
- 10.2 Analyze effects of death and dying on individuals and families.